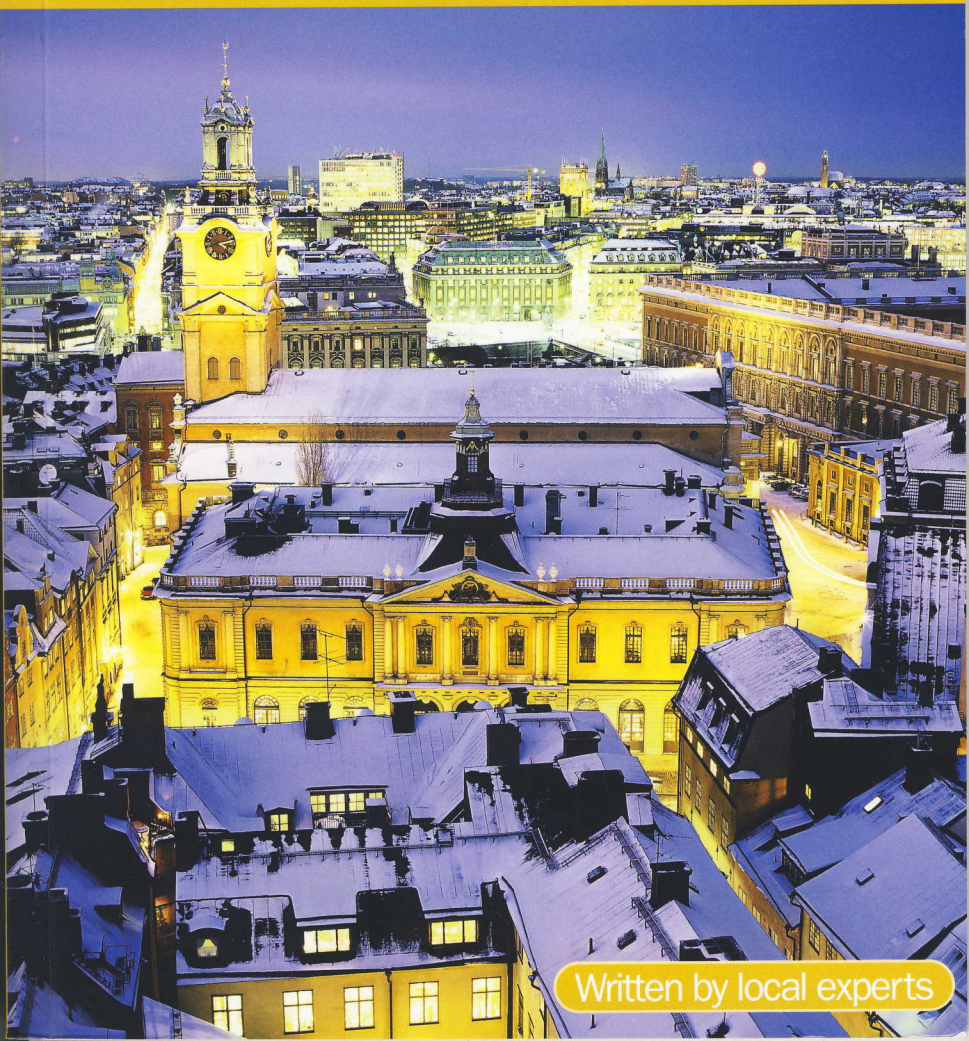


Time Out

Stockholm



Written by local experts

Great for high-quality, no-nonsense cosmetics in streamlined packaging, though some of the stores are starting to show their age. There are around a dozen branches dotted throughout the city.

Other locations throughout the city.

Spas

In addition to those listed below, the **Stockholm Day Spa** on the fourth floor of Ählens (see p136) offers massages, hydrotherapy and facial treatments.

Centralbadet

Drottninggatan 88, Norrmalm (54 52 13 00/www.centralbadet.se). T-bana Hötorget/bus 1, 47, 52, 53.
Open 6am-8pm Mon-Fri; 8am-8pm Sat; 8am-5pm Sun (changing rooms close 9pm daily). **Admission** 110kr-150kr. **Minimum age** women 18; men 23. **Credit** AmEx, DC, MC, V. **Map** p241 F6.

In 1904 Jugendstil architect Wilhelm Klemming realised a dream about an 'open window to nature' when he designed Centralbadet. Set back from the street in a pretty garden, it has beautiful art nouveau interiors and a fairly inexpensive café. Take a dip in the pool or jacuzzi, experience different types of sauna, have a massage (one-hour Swedish massage costs 550kr) or a treatment (herbal bath costs 300kr). Friendly staff and a delightful air of faded grandeur make it more appealing than fashionable Sturebadet (see p154).

Hasseludden Yasuragi

Hamndalsvägen 6, Saltsjö-boo (747 64 00/www.hasseludden.com). Bus 417 to Hamndalsvägen then 10mins walk/Vaxholmsbolaget boat from Strömkajen. Open 8am-10pm daily. **Admission** 8am-4pm Mon-Thur 890kr; 4-10pm Mon-Thur 1,090kr; Fri-Sun 1,190kr. **Credit** AmEx, DC, MC, V.

My Stockholm Andrew Duncanson

Andrew Duncanson moved from Scotland to Stockholm in 1998 and opened Modernity (see p155), a store devoted to 20th-century design. For anyone interested in the big names of mid-century modern furnishing – Wegner, Wirkkala, Juhl, Aalto, Jacobsen et al – it's unmissable.

I live in Östermalm and for me the best way to start the day is with a brisk walk – or even a jog – round Djurgården. Afterwards you can get breakfast at **Rosendahls Trädgård** (see p131), a lovely café and plant nursery. It's great for fresh food and you can get something healthy, or indulge with one of the cakes that are freshly baked on the premises. While I'm on Djurgården I'd visit the **Thielska Galleriet** (see p74). It's a Jugendstil building that was commissioned by a Swedish banker, Ernest Thiel, in 1904. He wanted a place to display his art collection, which contains several works by Edvard Munch. Because the house was built around the collection, it feels very integrated.

For lunch, I love Nybroe Smørrebrød in the **Östermalms Saluhall** market (see p149). They do these great Danish open sandwiches, which is maybe a strange thing to eat in Stockholm but you don't see them anywhere else and they are excellent. After that, I might visit **Georg Jensen Damask** (*Birger Jarls gatan 2, 86 11 28 89, www.damask.dk*) for another Danish product – high-quality table linens. They stock everything from typically Scandinavian geometric designs to more modern patterns. I often buy wedding

presents here. I also like the contemporary Swedish silver at **Nutida Svenskt Silver** (*Arsenalgatan 3, 611 67 18, www.nutida.nu*), the paper at **Ljunggrens** in Gamla Stan (*Kopmangatan 3, 676 03 83, www.ljunggrenspapper.se*) and, on Södermalm, the pottery, jewellery and glass at **Konsthandverkarna** (*Södermalmstorg 4, 611 03 70, www.konsthandverkarna.se*). This is a place that promotes contemporary handicrafts, but not in a macramé-and-knitwear sense. They help young designers continue traditional crafts.

It's always nice to visit the **National Museum** (see p66). The first floor design department is the closest thing there is in Stockholm to a proper design museum. Afterwards I might continue over the bridge to Skeppsholmen and spend a couple of hours at the **Moderna Museet** (see p78).

To round off the day: dinner at **PA & Co** (*Riddargatan 8, 611 08 45*). There are posher restaurants in town, and more expensive ones, but PA is small, informal and always bustling. You don't have to go wild – you can eat traditional Swedish *husmanskost* for just over a hundred kronor or have something special for 300kr. They don't take reservations, but if you pop in after lunchtime they will hold a table for you for that evening. I eat there at least once a week, and it's consistently good. You'll see everyone here – models, actors, sportsmen, authors – so it's great for a bit of people-watching.

Kurt Ribbhagen

Birger Jarlsгатan 13, Östermalm (54 50 78 60). T-bana Östermalmstorg/bus 1, 2, 55, 56. **Open** 9am-6pm Mon-Fri. **Credit** AmEx, DC, MC, V. **Map** p241 F8.

Kurt Ribbhagen is the best antique silver shop in the city and is also handily located next door to the Stockholm branch of renowned Danish silversmith Georg Jensen.

Modernity

Sibyllegatan 6, Östermalm (20 80 25/www.modernity.se). T-bana Östermalmstorg/bus 2, 47, 62, 69, 76. **Open** noon-6pm Mon-Fri; 11am-3pm Sat. **Credit** AmEx, DC, MC, V. **Map** p242 F9.

Scotsman Andrew Duncanson specialises in Scandinavian 20th-century design, including furniture, ceramics, glass and jewellery. If you're a fan of Alvar Aalto and Arne Jacobsen, then this place is an absolute must. *See also p153 My Stockholm.*

General

Stockholm is heaving with shops devoted to interior design. Essential pit stops include **DesignTorget** (see p150) and **10 Swedish Designers** (see p152).

Asplund

Sibyllegatan 31, Östermalm (662 52 84/www.asplund.org). T-bana Östermalmstorg/bus 56, 62. **Open** 11am-6pm Mon-Fri; 11am-4pm Sat. **Credit** AmEx, MC, V. **Map** p242 F9.

The airy Asplund showroom is a good source of newly produced design classics, including furniture, rugs, glasswares and lighting, by Scandinavian and international designers.

Carl Malmsten

Strandvägen 5B, Östermalm (23 33 80/www.c.malmsten.se). T-bana Östermalmstorg/bus 47, 55, 62, 69, 76. **Open** 10am-6pm Mon-Fri; 10am-4pm Sat. **Credit** MC, V. **Map** p242 G9.

High-quality furniture, textiles and light fittings by legendary Swedish designer Carl Malmsten. The shop, which is now run by his grandson Jerk Malmsten, sells classics from the 1950s and 1960s, as well as rugs and books.

Granit

Götgatan 31, Södermalm (642 10 68/www.granit.com). T-bana Medborgarplatsen or Slussen/bus 43, 55, 59, 66. **Open** 10am-7pm Mon-Fri; 10am-5pm Sat; noon-4pm Sun. **Credit** AmEx, DC, MC, V. **Map** p250 L8.

Granit sells lots of simple things at low prices: storage boxes, unadorned glassware and crockery, spices, coffee, notebooks and photo albums, plus hundreds of other plain but pleasant items. Be warned: it's almost impossible to go into Granit without finding something you want to buy.

Other locations Kungsgatan 42, Norrmalm (21 92 85); Västernalmstorggallerien, Kungsholmen (650 73 25).

Ikea

Kungens Kurva, Skärholmen (020 43 90 50/www.ikea.se). Bus 173, 707, 710, 748/free Ikea bus from Regeringsgatan 13 on the hr 11am-5pm daily and from Ikea on the half-hr 11.30am-5.30pm daily.

Open 10am-8pm Mon-Fri; 10am-6pm Sat, Sun. **Credit** AmEx, DC, MC, V.

In Sweden Ikea is more than just a furniture store, it's a way of life. It's well worth visiting even if you're not after any flat-pack, just to see how the Swedes spend their weekends. The on-site restaurant sells excellent meatballs with lingonberries.

Other locations Barkarby, Barkarby Handelsplats, Järfälla (020 43 90 50).

Lagerhaus

Drottninggatan 31-37, Norrmalm (23 72 00/www.lagerhaus.se). T-bana T-Centralen/bus 47, 52, 56, 59, 69. **Open** 10am-7pm Mon-Fri; 10am-5pm Sat; noon-4pm Sun. **Credit** AmEx, MC, V. **Map** p241 G7. Huge candles, absurd kitchen implements, cheap minimalist porcelain and paperback fiction – all under the same roof. It's a bit chaotic, but if you're lucky you might find something that looks more expensive than it really is.

Other locations Birger Jarlsгатan 18, Östermalm (611 80 40).

Nordiska Galleriet

Nybrogatan 11, Östermalm (442 83 60/www.nordiskagalleriet.se). T-bana Östermalmstorg/bus 2, 47, 55, 62, 69, 76. **Open** 10am-6pm Mon-Sat; noon-4pm Sun. **Credit** AmEx, DC, MC, V. **Map** p241 F8.

In its large, fashionable home on Nybrogatan, Nordiska Galleriet sells furniture, lights and gifts from Nordic and international designers. Both past masters (Alvar Aalto, Arne Jacobsen) and contemporary names (Philippe Starck, Jonas Bohlin) feature.

Norrgravel

Birger Jarlsгатan 27, Östermalm (54 52 20 50/www.norrgravel.se). T-bana Östermalmstorg/bus 2, 3, 43, 55, 56. **Open** 10am-6pm Mon-Fri; 10am-4pm Sat; noon-4pm Sun (closed Sun May-Aug). **Credit** AmEx, DC, MC, V. **Map** p246 E8.

Functionalist furniture – with supremely elegant beds, chairs and shelves – and a wealth of home accessories, inspired both by Japanese minimalism and 1950s Scandinavian design.

R.O.O.M.

Alströmergatan 20, Kungsholmen (692 50 00/www.room.se). T-bana Fridhemsplan/bus 1, 3, 4, 57, 59. **Open** June-Aug 10am-6pm Mon-Fri; 10am-4pm Sat. Sept-May 10am-6.30pm Mon-Fri; 10am-5pm Sat; 11am-5pm Sun. **Credit** AmEx, DC, MC, V. **Map** p239 F2.

R.O.O.M. sells beautiful, expensive furniture and furnishings, all so perfectly displayed that it's an excellent source of ideas even if you can't afford to buy anything. It also sells lots of tableware, books and small gift-sized items. It's particularly popular for a weekend browse followed by a *fika* in the adjoining café.